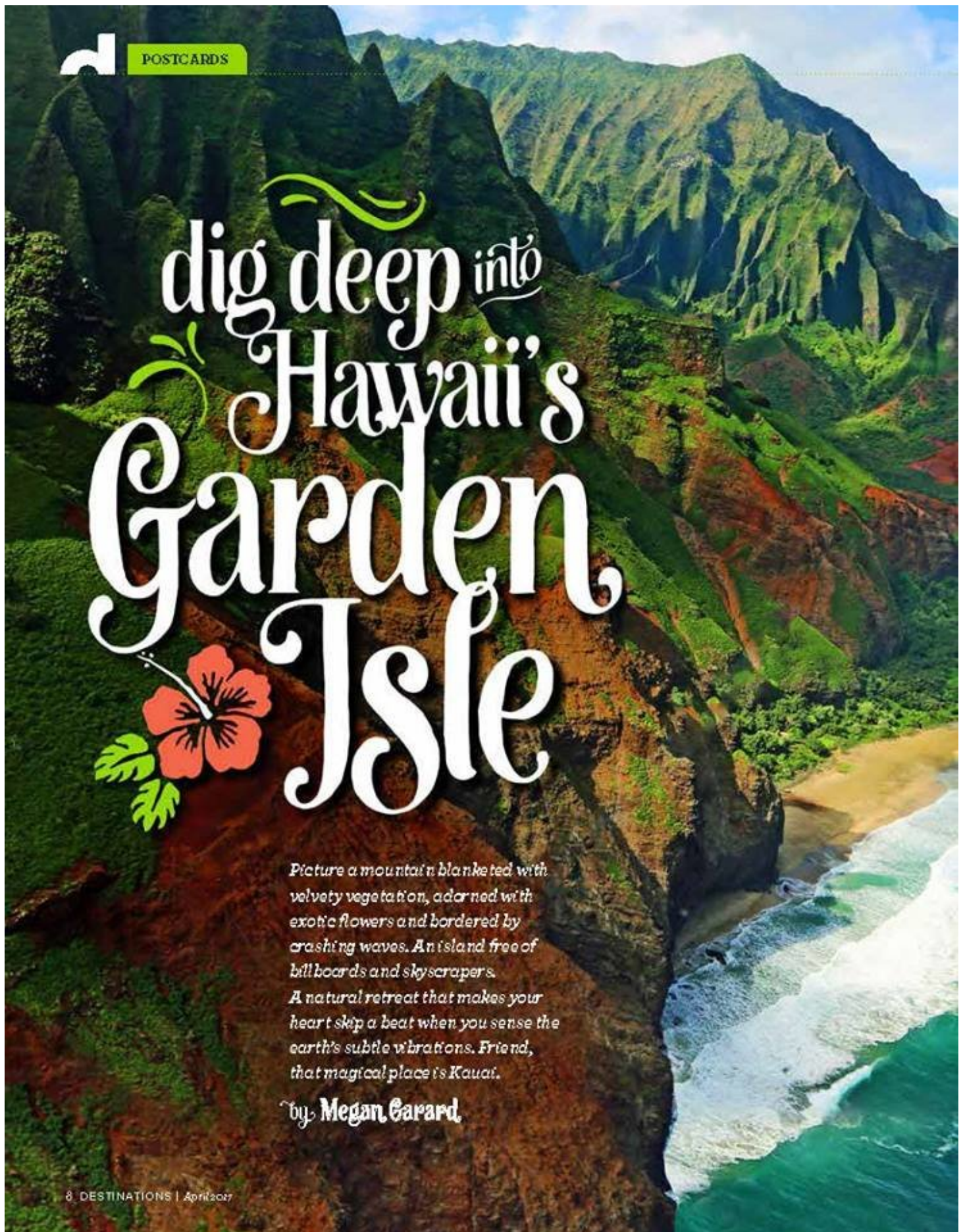


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POSTCARDS

dig deep *into* Hawaii's Garden Isle



Picture a mountain blanketed with velvety vegetation, adorned with exotic flowers and bordered by crashing waves. An island free of billboards and skyscrapers. A natural retreat that makes your heart skip a beat when you sense the earth's subtle vibrations. Friend, that magical place is Kauai.

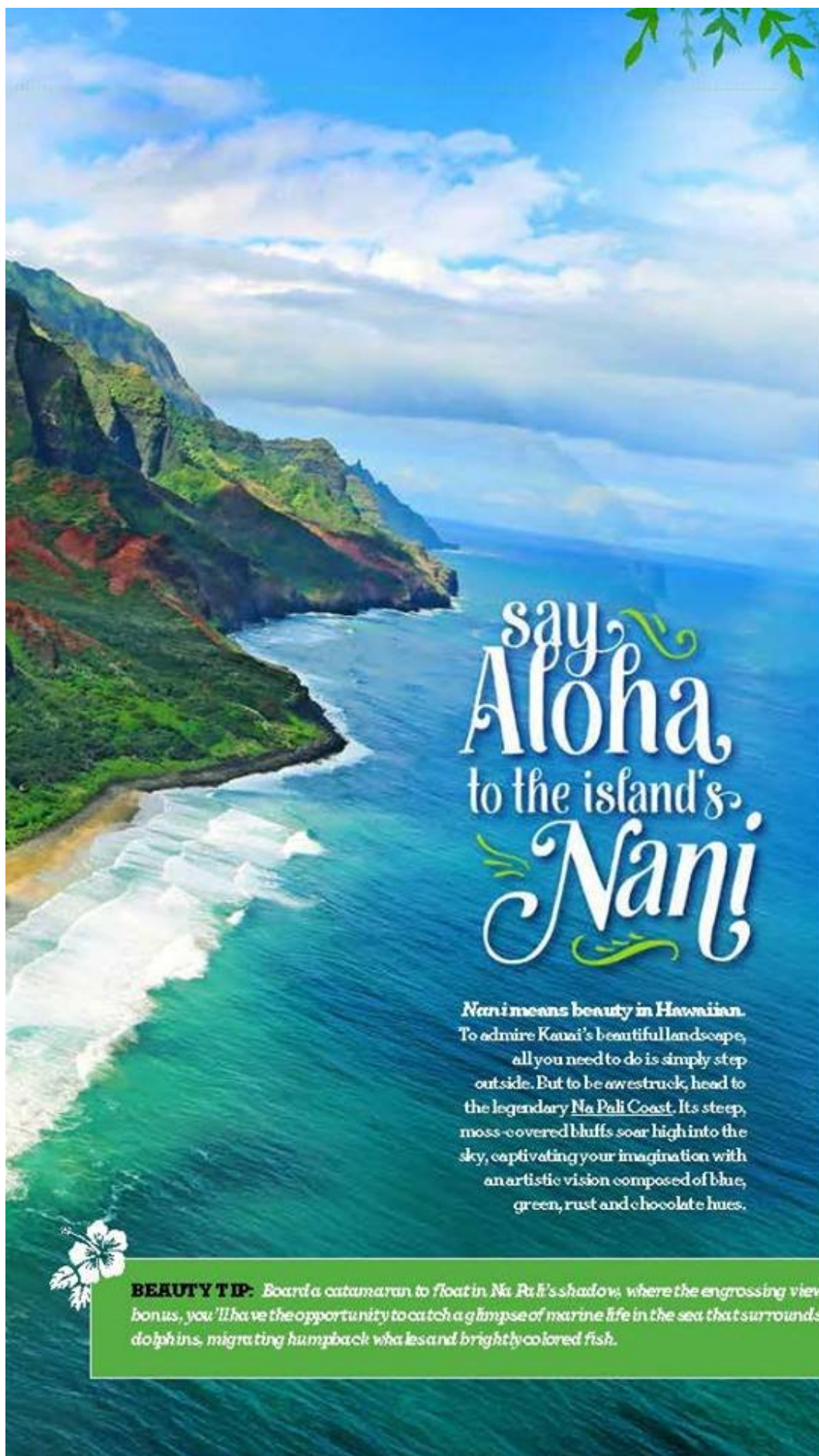
by **Megan Garard**

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Welcome a New Point of View

BY AIR To get a bird's-eye view of Kauai's highpoints, you have two glorious options: freefalling on a skydiving experience or hovering above it all on a helicopter tour. While one will give you an adrenaline-charged view of your dropzone, the other can provide a fresh perspective on landmarks like Mount Waialeale, Waimea Canyon and the Na Pali Coast.

BY SEA You can also explore an entirely different setting below the surface of the sea. Snorkel Lawai Beach and you'll float atop a thriving barrier reef that teems with exotic fish and colorful coral. Don some scuba gear to discover the otherworldly sights that hide closer to the ocean's floor. Sheraton Caverns on Kauai's southern coast is a favorite pick. Some describe its three partial lava tubes as playgrounds for sea turtles and reef fish, making you feel as though you're swimming through an aquarium.

say Aloha to the island's Nani!

Nani means beauty in Hawaiian. To admire Kauai's beautiful landscape, all you need to do is simply step outside. But to be awestruck, head to the legendary Na Pali Coast. Its steep, moss-covered bluffs soar high into the sky, captivating your imagination with an artistic vision composed of blue, green, rust and chocolate hues.



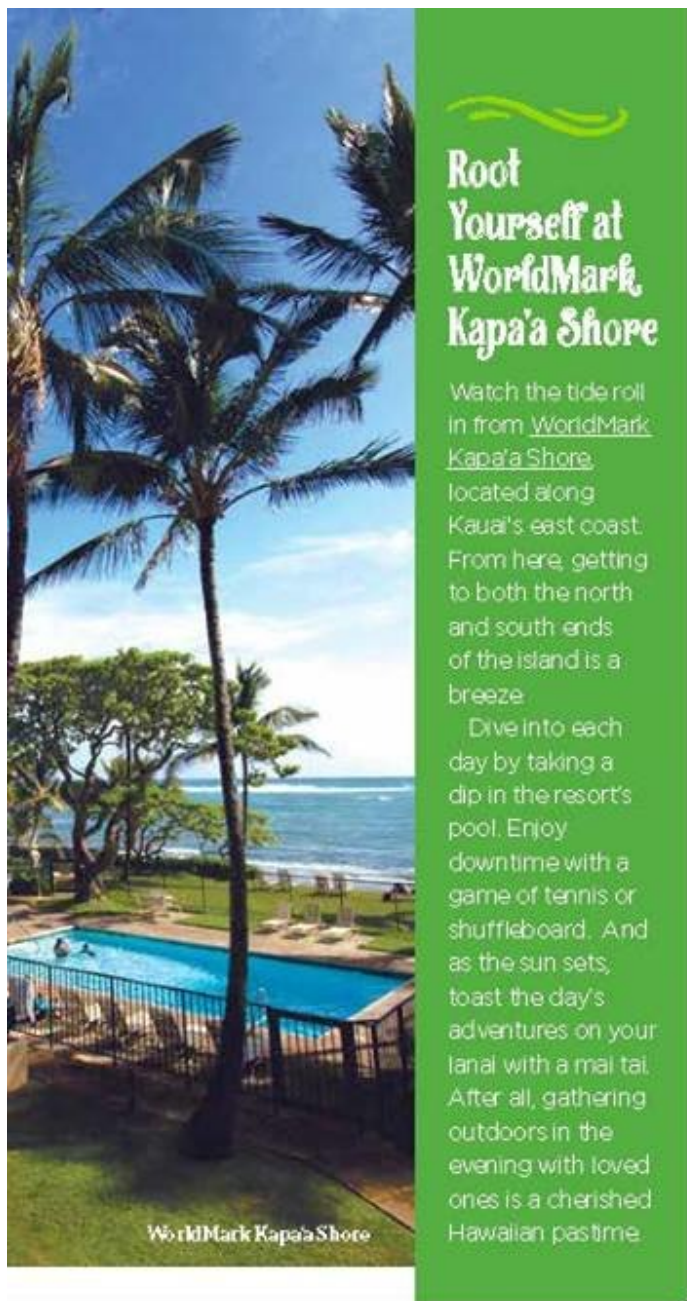
BEAUTY TIP: Board a catamaran to float in Na Pali's shadow, where the engrossing views are unbeatable. As a bonus, you'll have the opportunity to catch a glimpse of marine life in the sea that surrounds you, including frolicking dolphins, migrating humpback whales and brightly colored fish.

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Inland, there are dozens of waterfalls begging to be found. They cut through the scenery with a persistent energy, bellowing over cliffs and captivating your spirit.

Finding these beauties can be convenient or challenging depending on how far you're willing to hike.

For a waterfall view that's accessible from several highway lookouts, seek out Waipoo Falls. It cascades 800 feet into the basin of the extraordinary Waimea Canyon.

rightfully dubbed the "Grand Canyon of the Pacific."

Or you can embark on a trek that's long and rigorous but totally worth it. You'll be rewarded with an up-close view of Hanakapiai Falls — a 300-foot spectacle that's enhanced by exotic bird sightings and stunning terrain.

WAILUA FALLS Located just 20 minutes from your resort, Wailua Falls is easily accessible, as no hiking is required. In fact, the parking lot basically overlooks the falls.

